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Ushvani Spa

Spa Treatment

That does

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Knightsbridge
(0.5 miles)

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Feedback 

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Day Spa

Price rating: **£ £ £**

Location: [Kensington](#)

1 Cadogan Gardens
London
SW3 2RJ
United Kingdom

Tel: 0020 77302888

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From the spa...

The Ushvani spa journey begins with entering a space of pure tranquility. The Asian spa philosophy focuses on both spiritual harmony and natural treatments, and its healing traditions take a holistic approach to treating the mind, body and spirit, transcending mere superficial pampering.

The use of botanicals to cure ailments is common in Asian therapies and accordingly, Ushvani's treatments incorporate natural herbs, spices and flowers in concurrence with this natural philosophy of well-being.

On arrival at reception, we ask you to switch off your mobile phones and pagers, and change into a pair of slippers. Ushvani requires all guests to complete a consultation form prior to their treatment. Please inform the receptionist of any medical conditions or concerns you may have.

Please let us know you are an expectant mother at the time of booking in order for us to advise you on our unique treatments for mothers-to-be. For your safety, we ask you to check with your GP or midwife prior to arranging a spa treatment.

Press reviews

"Founded by a Malaysian business woman-turned-Zenster, the place has South East Asia stamped all over it, from the imported wood carvings and sculptures to the authentic techniques used in massages and facials."

Daily Candy, 31-Mar-2008

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"True, the allure is partly down to the range of facilities – you can limber up under the vitality pool's water jets or sweat it out in the steam room – and the carefully thought-out touches, such as MP3 docks, so you can be spared the whale music. What really makes a great spa, however, are deft therapists who offer that little bit extra"

The Sunday Times, 30-Mar-2008

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Treatments offered

[Balinese Massage](#) | [Body Exfoliation Treatments](#) | [Body Wraps](#) | [Massage Therapy](#) | [Pedicure](#) | [Pregnancy Massage](#) |

Amenities

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Age restrictions


16

Cancellation

Reservations We are delighted to accept your reservation by telephone, fax or email. We advise you to make advance bookings to ensure your preferred time and date is available. Credit card details are taken at the time of booking to secure your appointment.

Cancellations Ushvani requires 24 hours notice for any cancellations. A full charge will be applied for cancellations within 24 hours of the reservation.

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