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Ushvani Spa
Ushvani Spa

Tuesday April 1, 2008

If heading to one of Thailand's luxurious spas is not a possibility right now, a new day spa dedicated to treating you in South Eastern Asian style could be the perfect substitute. Ushvani Spa is the brainchild of Usha Arumugam, a Malaysian spa guru who has recreated everything Zen found in South East Asian luxury spas in the more convenient location of a Chelsea townhouse.

Ushvani uses a unique combination of Eastern massage techniques from Malaysia, Bali and Thailand performed by therapists who have been trained for months rather than the usual weeks. They instinctively know how to combine strokes from the three practises to pummel every knot and ache away.

A far more therapeutic experience than traipsing to the other side of the world in the name of relaxation, don't you think?

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